

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b> Chicken Chow Mein (made with free range chicken)	Macaroni Pasititio (made with organic mince beef)	Roast (as advertised) with Roast Potatoes and Gravy	Beef Meatballs in a Tomato Sauce with Rice	MSC Breaded Fish with Chipped Potatoes, Tomato Sauce
<b>Week 1</b> 01-Jan	<b>Vegetarian</b> Potato & Courgette Layer Bake	Wholemeal Spinach & Tomato Quiche with New Potatoes	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Macaroni Cheese with Tomato topping	Glamorgan Sausage with Chipped Potatoes
22-Jan	Sweetcorn Green Beans	Courgettes in a tomato sauce Cauliflower	Carrot & Swede mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
19-Feb	<b>Dessert</b> Fruit Yoghurt and Shortbread	Apple and Mixed Berry Crumble & Custard	Apple, Cheese and Biscuits	Pineapple upside down Cake with Custard	Pear & Ginger Muffin
12-Mar					
<b>Week 2</b>	<b>Main</b> Hot Dogs with Homemade Tomato Sauce and Homemade Jacket Wedges	Wholemeal Chicken and Red Pepper Pizza with Baked Potato (made with free range chicken)	Roast Turkey with Roast Potatoes & Gravy	Beef Goulash with Rice	MSC Battered Fish Chipped Potatoes, Tomato Sauce
<b>Week 2</b> 08-Jan	<b>Vegetarian</b> Vegetable Wholemeal Pasta Bake	Leiril and Vegetable Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Quorn Mince Pasta Bolognais	Cheese and Tomato Pizza with Chipped Potatoes
29-Jan	Tomato & Red Onion Slaw Green Salad	Roasted Vegetables	Broccoli Sliced Carrots	Baked Tomatoes Sweet corn	Baked Beans Garden Peas
26-Feb	<b>Dessert</b> Pear Crumble and Custard	Banana Sponge & Custard	Chocolate Cookie with Natural Yogurt	Apple & Berry Strudel with Custard	Chocolate and Orange Brownie
19-Mar					
<b>Week 3</b>	<b>Main</b> Beef Burger in a Bun with Oven Baked New Potatoes	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice with Garlic Slice (made with organic mince beef)	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
<b>Week 3</b> 15-Jan	<b>Vegetarian</b> Chinese Vegetarian Spring Roll with Oven Baked New Potatoes	Mixed Bean Cassoulet with Mash Potato	Vegetarian Wellington with Roast Potatoes	Chick Pea Aloo Chaat with Rice	Cheese Tomato & Spinach Frittata with Chipped Potatoes
05-Feb	Broccoli Sweetcorn	Cauliflower Green Beans	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
05-Mar	<b>Dessert</b> Carrot & Sultana Cake with Custard	Tutti Fruity Tuesday	Jelly with a Side of Mandarins	Wholemeal Peach Crumble & Custard	Lemon & Cucumber Cake
26-Mar					

Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where available)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt

