



26<sup>th</sup> June 2018

Dear Parents/Carers

**Re: Personal Health and Relationship Education: Year Reception, Year 1 and Year 2**

All pupils will be starting lessons around Personal Health & Relationship Education within their PSHE and Science curriculum this term. These lessons are very much geared to each year group level so please don't worry. It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make better choices for their future.

If you would like to view the lesson materials please ask at the office where a copy of the resources will be available for you to view. However, if you still feel that you do not want your child to be involved, you have the right to withdraw your child from the sessions. Please can you put in writing to Mr Rankin (via the school office) your request to withdraw your child by Monday 2<sup>nd</sup> July.

Please find below a brief outline of the lesson content for each year group.

**Reception Programme / Learning Outcomes:**

- To label different parts of the body
- To understand what is good for my body
- To discuss changes that happen as we grow up

**Year 1 Programme / Learning Outcomes:**

- To start to understand the life cycle of animals and humans
- To say some things about me that have changed and some things that have stayed the same
- To say how my body has changed since I was a baby
- To identify the parts of the body that are different in boys and girls and give them their real names

**Year 2 Programme / Learning Outcomes:**

- To recognize how my body has changed since I was a baby
- To recognize the physical differences between boys and girls, naming them and discussing why these parts are private
- To recognize the different types of touch and to say which ones I like and don't like

Yours sincerely,

Mark Rankin  
Head of School