



26th June 2018

Dear Parents/Carers

Re: Sex and Relationship Education: Year 3, Year 4, Year 5 and Year 6

All pupils will be starting lessons around Sex & Relationship Education within their PSHE and Science curriculum this term. These lessons are very much geared to each year group level so please don't worry. It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make better choices for their future.

If you would like to view the lesson materials please ask at the office where a copy of the resources will be available for you to view. However, if you still feel that you do not want your child to be involved, you have the right to withdraw your child from the sessions. Please put in writing to Mr Rankin (via the school office) your request to withdraw your child by Monday 2nd July .

Please find below a brief outline of the lesson content for each year group.

Year 3 Learning Outcomes:

- To understand that animals go through lots of changes growing up and the female has the baby
- To understand what a baby needs to grow
- To understand how boys' and girls' bodies change so that when they grow up they can have babies
- To understand how boys' and girls' bodies change on the inside as they grow
- To recognize stereotypical ideas about parenting and family roles

Year 4 Learning Outcomes:

- To understand that some of my characteristics come from my birth parents and some just happen
- To be able to correctly label the external and internal parts of male and female bodies
- To be able to describe how a girl's body changes in order for her to have babies as an adult

Year 5 Learning Outcomes:

- To be able to explain how a girl's body changes during puberty and to understand the importance of looking after yourself physically and emotionally
- To describe how girls' and boys' bodies change during puberty
- To be able to understand that sexual intercourse can lead to conception and this is how babies are usually made



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Year 6 Learning Outcomes:

- To be able to explain how a girl's body changes during puberty and to understand the importance of looking after yourself physically and emotionally
- To ask questions about changes during puberty
- To be able to understand that sexual intercourse can lead to conception and this is how babies are usually made
- To describe how a baby develops through pregnancy and how it is born
- To discuss how being physically attracted to someone changes the nature of the relationship

Yours sincerely,

Mark Rankin
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