



Group Triple P

2-12 years

What?

Are you a Hasting & Rother parent/carer struggling with your child's everyday behaviour?

Come on our free course to meet other parents and gain useful strategies to deal with common issues. We cover specific goals, how to promote good behaviour and planning for high risk situations.

Where?

Online Via Microsoft Teams

When?

Wednesday 3rd November 2021 for 5 weeks online 10am -12pm. Phone calls over 2 weeks and then 1 final session online Wednesday 22nd December 2021

To book your free place
call **01424 725800** or email:
info@openforparents.org.uk

